

Bugg Rueda

Choreographed by Richard Powers

Music: Any square (4x8) walking tempo swing tune, perhaps “Cement Mixer” by G-Swing feat. Jimi Bazooka

Formation: Circle of couples in closed position, hands pointed into the center

1, 2, 3) Three Turning Basics: Three Turning Basics in closed position (around / between, side, rock step in even timing), ending up with hands pointed into the center again.

4) Outside Turn to Swingout Position: Follow’s Outside Turn to swingout position, Leads facing into the circle, Follows facing out.

5, 6, 7) Three Freestyle Four Count Figures: Three four count swing figures, trading places every time. The easiest combination is Follow’s Inside Turn, Waist Slide, Follow’s Inside Turn.

8) Outside Turn to Change Partners: Follow’s Outside Turn to send the Follow against LOD on the inside lane into the arms of a new partner, as the Lead walks forward to grab his new partner.

Note: This can also be done with six count swing, in which case you’ll need a square six count swing tune. But note that even with a square tune, you’ll shift across the phrases as you do with the counts in six count swing.