

Oslo Waltz Mixer

(a.k.a. Circle Waltz Mixer, Family Waltz Mixer)

This is the most popular waltz mixer in the world, based on rotary waltz.

Music: Any rotary waltz tune with continual eight-bar phrases.

Part I

All couples take hands in one circle, facing in, Follow to the right of the Lead.

2 bars: All waltz balancé forward and back (forward-close-close, back-close-close), starting on their first feet (his left, her right) swinging the hands forward and back. A sociable tradition is for the Lead to look left and the Follow to look right going forward, opposite going back.

2 bars: Follows pass by the Lead at their right with a Follow's rotary waltz step, falling back into the next opening. She takes two hands with the Lead as she's passing by, then releases right-in-left hands, giving her right hand to the new Lead at her right when in her new place.

4 bars: Repeat the first four bars.

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4 bars: Repeat the first four bars, keeping both hands with the last partner that passed by and turning to face each other, Lead facing along LOD, Follow facing against LOD.

Part II

All couples in a circle, two hands with partner, Lead along LOD, Follow against LOD.

1 bar: Side step into center of the circle (1), swing Lead's right and Follow's left in front (2). (Note: Some traditions do a simple sideways waltz balancé, 1-2-3, instead of a step-swing.)

1 bar: Side step toward the outside wall (4), swing Lead's left and Follow's right in front (5).

2 bars: Solo canter pivots toward center of the circle, Lead counterclockwise, Follow clockwise. There are three steps, all side steps toward the center, in canter timing (1, 3, 4) (Note: Some traditions simply do a walking rollaway instead of canter pivots, turning counterclockwise and clockwise as above, but stepping 1-2-3-4-5.) Re-take two hands.

1 bar: Side step toward the outside wall (1), swing Lead's left and Follow's right in front (2).

1 bar: Side step into center of the circle (4), swing Lead's right and Follow's left in front (5).

2 bars: Solo canter pivots toward the outside wall, Lead clockwise, Follow counterclockwise.

2 bars: Side-close-side (Double Boston) to center of the circle in canter timing (1, 3, 4).

2 bars: Side-close-side toward the outside wall (1, 3, 4), turning 1/4 clockwise and taking waltz position by the end, ready for the Lead to back around in a rotary waltz.

4 bars: Rotary waltz LOD, releasing Follow to the right at the end, taking hands in circle to repeat Part I.