

Roulette Trio Mixer

*Loosely adapted from Troika, and the Western Trio Mixer
by Nick Enge & Melissa Carvell*

Music: “How to Be a Heartbreaker” by Marina and the Diamonds (square edit)

Formation: Circle of trios—one Lead and two Follows—facing LOD. Trios hold inside hands: Lead’s right with right Follow’s left and Lead’s left with left Follow’s right.

1) Promenade: Walk forward eight steps. Follows start outside feet (right Follow’s right, and left Follow’s left), Lead can start either foot (left is more natural).

2) Right Follow Through the Arch: The Lead and left Follow raise their hands to form an arch, and the Lead leads the right Follow to walk under the arch and CCW back to place, then follows her under, ending up in the same LOD-facing trio formation.

3) Left Follow Through the Arch: The Lead and right Follow raise their hands to form an arch, and the Lead leads the left Follow to walk under the arch and CW back to place, then follows her under, ending up in the same LOD-facing trio formation. At the end of the phrase, the Follows take outside hands and raise them up to form an arch in front of the Lead, turning to face against LOD (both turn toward the Lead).

4) Roulette Wheel: All walk forward eight steps, the Leads passing under the arches formed by the Follows. On 7 and 8, the Follows lower their hands, trapping a Lead behind their arms, while turning to face LOD (both turn to face toward the Lead). At the end of the phrase, they take inside hands with the Lead, dropping outside hands, to reset for the beginning.

Note: The number of arches that the Leads pass through will depend on how fast everyone travels, which will vary based on the group, and may even be different each time through. Ideally, the Leads and Follows will stay evenly spaced, and one Lead will be trapped by each set of Follows, regardless of the group’s speed. Any Lead who ends up without partner, however, can use the first eight counts to quickly join the nearest set of Follows who don’t have a Lead.