

Texas Waltz Mixer

Based on the Texas Waltz (Waltz Across Texas),
adapted to mixer from by Joan Walton

Video

Music: Traditionally, “Waltz Across Texas” by Ernest Tubb, but if that’s too old school for you, any square slow waltz will do.

Formation: Couples facing along LOD in shadow position, Follow at Lead’s right.

2 bars: All starting left foot, a non-turning cross-step waltz (cross-side-replace), moving forward slightly.

2 bars: Repeat the cross-step waltz.

2 bars: Waltz balancé forward and back (forward-close-close, back-close-close).

2 bars: Repeat the waltz balancé.

2 bars: Turn 180° counterclockwise in three steps (forward-side-back) to face against LOD, then the back half of a waltz balancé. On the turn, the Lead drops his left hand, bringing his right hand over the Follow’s head and down behind his back, taking her left hand in his left in front of them (Hammerlock/Skater’s Position).

2 bars: Turn 180° counterclockwise in three steps (forward-side-back) to face along LOD, then the back half of a waltz balancé. On the turn, the Lead drops his right hand, bringing his right arm over the Follow’s head and back to Shadow Position by her right shoulder, taking her left hand in his left by her left shoulder.

2 bars: The Lead casts away to his left with six walking steps, as the Follow walks straight forward along LOD to the right side of the next Lead.

2 bars: The Lead takes the new Follow’s left hand in his left, and gives her a clockwise turn in the outside lane (1-2-3). Take shadow position while stepping in place to reset for the beginning.