

Veleta Waltz Mixer

Based on The Veleta by Arthur Morris (1900)

Adapted to mixer form by Richard Powers

Music: Any rotary waltz with continual eight-bar phrases.

Formation: Couples in a circle, standing side by side facing LOD holding inside hands, Follow on the right.

2 bars: Travel forward along LOD with 6 light running steps (he starts left, she starts right).

2 bars: Facing partners, taking both hands in open position, do a Double Boston sideways along LOD. (He steps side left, closes right to left, and steps side left again. She steps opposite. Double Boston is in canter timing, with the three steps happening on 1, 3, 4.)

2 bars: Turning to face against LOD, return to original places with 6 light running steps (he begins right, she left), holding the other hand (the new inside hands).

2 bars: Facing partners, taking both hands in open position, do a Double Boston sideways against LOD, closing up to waltz position by the end of this step (count 4).

2 bars: Do one full turn of clockwise rotary waltz.

2 bars: Do 2 side-draws along LOD (he steps left side, closes right to left, repeats both). These are also in canter timing 1, 3, 4, 6.

2 bars: Do one full turn of clockwise rotary waltz, making sure that the Follow ends up in the outside lane.

2 bars: He raises his left arm to let her turn under clockwise, as she waltzes solo LOD to the right side of the next gent ahead of her. He steps in place to receive the next lady who is progressing forward. (*Note:* The original dance finished with another full turn of rotary waltz—for a total of two—to repeat it all without changing partners.)