

# WATERFALL MIXER

A simple mixer danced at most ballroom dance venues, the Waterfall Mixer format can be applied to any traveling dance (waltz, polka, foxtrot, etc).

## DESCRIPTION

The Leads line up along one long wall of the hall (usually the right side), while the Follows line up along the other. The lines meet at the top of the hall, where the first Lead meets the first Follow, and proceeds to dance straight down the length of the room to the bottom of the hall. The second, third, ... nth couples do the same. When the couples reach they bottom of the hall, they thank each other, and split off to join the end of their respective lines, to meet a new partner at the top of the hall.

*Note:* It's safer, more efficient, and more fun if the couples spread out along the width of the hall after meeting at the top of the hall (as opposed to following each other down the length of the hall in a straight line).

## VARIATION: LINE OF DANCE MIXER (WHIRLPOOL MIXER)

The Line of Dance Mixer (or Whirlpool Mixer) is a variation of the Waterfall Mixer in which the Leads and Follows line up next to each other, along the right length of the hall (Leads on the inside lane), meeting at the upper right corner of the hall to dance one circle around the room along LOD before splitting up to join the end of their respective lines along the wall.

Ballroom dance teacher J. M. Nelson reports that this modified format is more efficient in two ways: there is less congestion at the end of the hall, and each couple gets to travel a longer distance together.