

## LA MANOLA. Description of the Steps.

## Ladies Steps.

1<sup>st</sup> Slide right foot forward.

2<sup>ª</sup> Spring from right to left foot.

3<sup>ª</sup> Hop once on left foot.

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4<sup>th</sup> Spring from left to right foot . 5<sup>th</sup> Spring from right to left foot.

6th Spring from left to right foot.

Then commence again, but with left foot.

Gentlemen take partners as in Waltzing, the steps are the same as above only commencing with the left foot.

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## LA MANOLA.











3.























