How to Avoid Being a Wallflower :: BY ARTHUR MURRAY Leading American Dancing Master



ARTHUR MURRAY

N MY previous articles I-told you what you should do in dancing, so I think it is about time for me to tell you what you should not do.

First of all, I want to offer a few suggestions to young ladies who have a horror of sitting, against the wall all evening long. Of course, no one wants to be a wallflower, and yet a great many girls, who are good dancers, find themselves clinging to the apron strings of the chaperons.

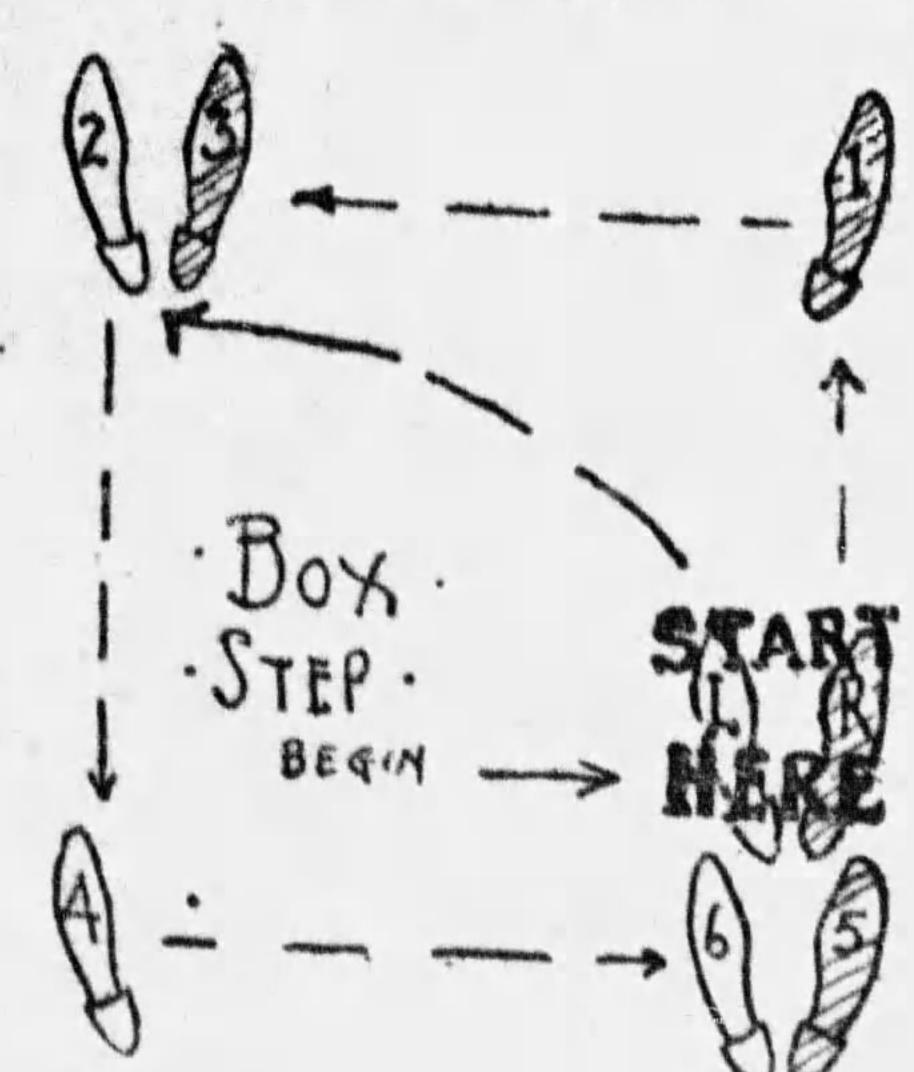
There are many reasons why some girls, who are good dancers, will, unfortunately, hide part of the wall at a dance. Let me relate a faux pas which a young friend of mine made. She is a young girl, very sweet but extremely impulsive. She accepted an invitation to a dance from a young man, and the next day, when she was invited to the same dance by another youth, whom she favored more, she broke the first engagement.

The rejected youth naturally was resentful and told all of his friends at the dance about the incident. The girl was very much of a wallflower that evening because the other boys were afraid to ask her for a dance for fear of a similar slight. Moral: Be considerate of the boys—they are just as gossipy as the girls.

Here are some tips to girls which will help to nip the wallflower tendency in the bud:

Tips to Wallflowers.

Don't wait for the man to entertain you and do all the talking. Be prepared to fill in that awkward pause just after a dance, The memory of many an otherwise delightful dance has been marred by an awkward silence which neither partner was able to fill. Say something pleasant which



will make your partner feel that you have enjoyed the dance.

2. Don't hang on to your partner. Be ready at any moment to let him go and he will be equally ready to return.

3. Remember that the man is the leader. The first place in the garden by the wall goes to the girl who insists on leading her partner. This is sometimes well meant, as in the instance of the girl who feels that she is a better dancer than her partner and

wishes to be genuinely helpful. In- though a great many people are prac- do it rapidly and smoothly. variably this help is unappreciated.

4. Do not criticize your partner's dancing.

5. Now, I must repeat the old saw about wearing a social face. When you are at a dance, put aside your business face and be your carefree self. Put on the face that is wreathed in one big smile. If someone steps on your toe, grit your teeth and grin. Don't show your temper.

6. Be considerate of the unpopular boys. Do not snub or slight them.

Don't wait for your partner to lead you forcibly. It is up to the girl to follow and follow weil. She must dancing with a person in whom she is get the air? not particularly interested. She forgets that each poor impression brings advertising of an unfavorable kind.

8. Be modest, but don't let your

ticing up for a "jiu-jitsu" exhibition.

7. Don't take the feet off the floor and prance. Somebody may not like the sort of animal you suggest.

8. Don't hum or whistle. Be considerate of your partner.

9. If you can't talk and dance at the same time, don't talk.

10. If your chest happens to be near your belt line, do not use it as a propeller; the girl much prefers to be guided by your strong, right hand.

11. Simply backing the girl around the room while the music is playing is not the ideal way of showing the girl a big time.

12. Don't try to outwalk your left foot; dance as though she really enjoys it. partner in a ballroom. If you feel like A girl often will act lifelessly when taking a good, brisk walk, why not

13. Don't advertise the extent of your education by counting aloud.

14. Don't be too suddenly original. No girl wants her partner to

Stand in the lower right-hand corner of the square; heels together and toes outward.

1. Step directly forward with the right foot;

2. Step with left foot diagonally across the square to the upper lefthand corner:

3. Draw the right foot up to the left, placing the weight on the right foot. Note that heels are together.

After doing the first three steps of the box, you have completed one waltz step. (You should be standing in the upper left-hand corner of the square.)

4. Step directly backward with the

5. With the right foot, step diag-

enally backward to the lower righthand corner:

6. Draw the left foot up to the right, placing the weight down on the left. That's all.

Now go back to the beginning and do all six steps without stopping. It is amazingly easy. You should practice this step at least an hour. You can learn to do it in five minutes, but you should practice to gain ease and grace.

The box step is the basis for the right waltz turn. After you learn the right waltz turn, you will not use the box step again. You must master the box step and learn to do it very rapidly in order to do the right turn with

The Box Step for the Left Waltz Turn.

The lady's part is exactly the same as the man's.

This box step, in which you begin by going forward with the left foot, is the basis for the left waltz turn. If you can do this box step very rapidly, furning will be very easy for you. When doing the turns you do not have time to think of your step; you think of your direction and the step must be done almost mechanically. Therefore it is essential to master the box step which acts as the basis for the turn to the left.

1. Step directly forward with left

2. Step to right-hand corner of box with right foot;

3. Close left foot up to the right, weight on left. This completes one

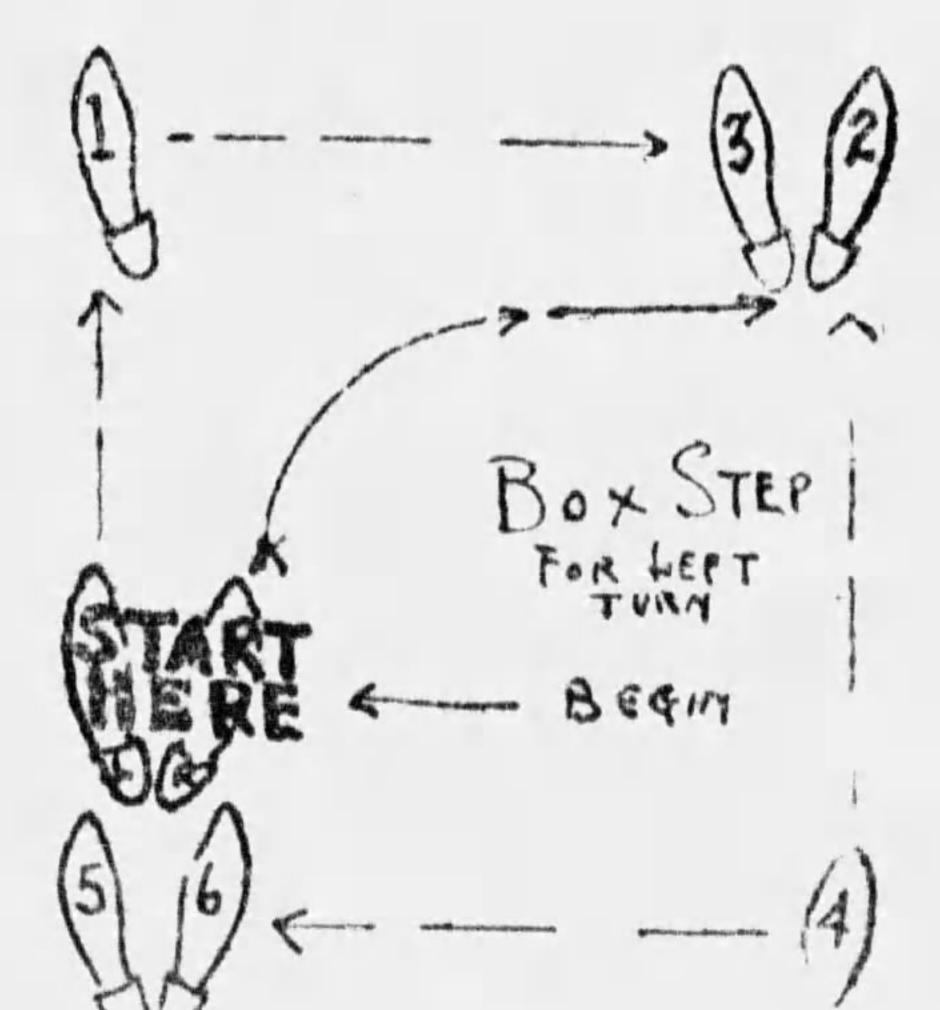
4. Step straight back with right foot;

waltz step.

weight on right.

5. Step to the lower left-hand

corner of the square with the left foot; 6. Close right foot up to left foot,



Repeat the above movement of six counts until you can do it easily and rapidly. Practice the box step until you can do it without thinking about the step. Acquire mechanical perfection before advancing to the next step.

If you have a phonograph handy, practice with music for about thirty minutes. Do not try to make the actual turn until you can do this box step perfectly.

Remember that each time you count a step, your foot must be placed on the floor and your entire weight must come down on it. Always take one step at a time, and never two

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Arthur Murray and Helen Shipman demonstrating the first step of the Box Step.

modesty take the form of timidity. The girl who meets a young man and dances with him, should not hesitate to extend a cordial greeting when she meets him later on.

9. Upon meeting, it is the girl who should be the first to speak. Only too often friendships are broken very abruptly because one waits for the other to speak.

Tips to the Men.

Now, I want to offer a few "donts" for the men.

Don't act like a martyr every time your wife asks you to dance.

2. Don't dance with your wife just once and then park her for the rest of the evening.

Don't hold the hand above the head. If you must indicate that you are a member of the Straphangers' Brigade, wear a button.

4. Some people don't dance; they just fight it out.

5. Don't look so helpless. Smile! It could be worse.

6. From the appearance of some persons while dancing, it looks as but should be practiced until you can

spring new steps in full view of an audience.

15. To find fault with your partner's dancing is the best way to advertise the fact that you are just learning to dance.

16. Don't clutch your partner's hand as though it belonged to a long lost friend. It really isn't necessary to get a death grip.

The Box Step for the Right Waltz Turn.

In last week's article I taught you the forward and backward waltz movements. This week I will teach you how to turn and give you the foundations for the right and left waltz turns. The left turn, sometimes called the reverse, has always been a mystery to a great many people, although it is just as easy as a right turn—if you know how. The lady's part is exactly the same as the man s.

THIS is one of the most important steps in dancing. It is the basis for the waltz, and therefore has a direct bearing on the foundation of dancing. The box step is very simple,

An Adventure Of the Scarlet Pimpernel Continued from Page 14

friend," Lauzet hastened to assure him. am sure of it. My only regret is that "In fact, I already have some one in my mind."

"Which is all to the good," Chauvelin broke in curtly. "On the balance of your zeal your reward will presently be weighed. Now listen further to me. Having followed my instructions as to perquisitions and so on, you will arrange as sensational an arrest of your family as you can. The borhood the better for our purpose. You understand?"

more it is talked about in the neigh-"I do, I do," Lauzet said eagerly. I see your whole scheme now. You want to induce the English spies to exert themselves on behalf of this family, so that-"

"Exactly! Therefore, the more sympathy you can evoke for them the better; a pretty girl, an invalid, a cripple; anything like that will rouse the so-called chivalry of those spies. Then, having effected your arrest, you arrange to convey the family to Paris, and do so, apparently under rather feeble escort, say not more than four men. You will choose for your purpose the early dawn of a day when a thick mist lies over the land, or when a driving rain or tearing wind makes observation difficult."

"But-"

"Not more than four men, remember," Chauvelin reiterated with slow emphasis, "as visible escort."

"I understand."

"Instead of the usual chaise for conveying your prisoners to Paris, you will use the local diligence and, having disposed of the prisoners inside the vehicle, you will have it further packed with half a dozen of more picked men from your local gendarmerie, armed with pistols; and you will take a leaf out of the Scarlet Pimpernel's own book, because that half dozen picked men will be disguised as other aristos in distress, women, cripples, old men, or what you will. You can then go even a little further in your trickery and arrange a breakdown for your diligence in the loneliest bit of road in the forest of Mezieres and choose the twilight for your mise-enscene. Then-"

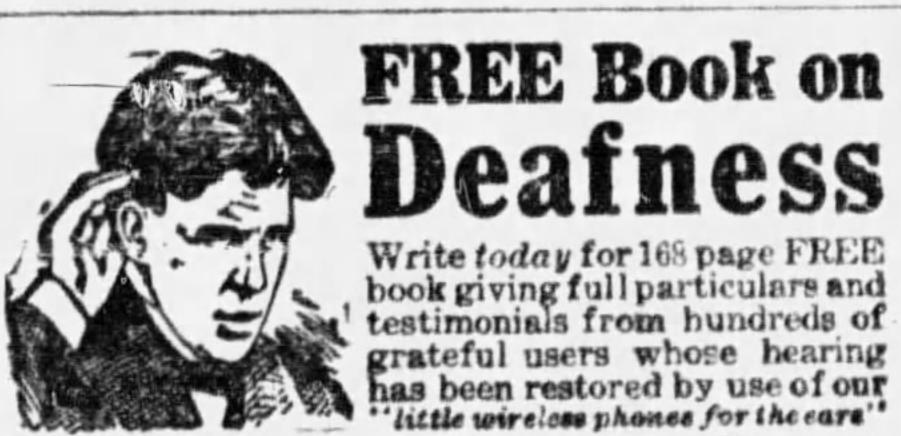
UT Lauzet could no longer restrain his enthusiasm."

"O, then! I see it all!" he exclaimed eagerly. "The band of English spies will have been on the watch for the diligence. They will attack it, thinking that it is but feebly guarded. But this time we shall be ready for them and-"

But suddenly his enthusiasm failed. His round, fat face lost its glow of excitement and his small, round eyes stared in comic perplexity at his friend.

"But suppose," he murmured, "they think better of it and allow the diligence to proceed in peace. Or suppose that they are engaged in their nefarious deeds in some other department of France."

"Then," Chauvelin rejoined coolly, "all you'd have to do would be to conyour family down in the Conciergerie, ready to await trial and the inevitable guillotine. No harm will have been done. There'll be a family of traitors less in your district anyway, and you must begin the setting of your comedy all over again. Sooner or later, if you set your trap in the way I have outlined for you, that cursed Scarlet Pimpernel will fall into it. Sooner or later," he reiterated emphatically, l



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I didn't think of this plan before now. It has been vaguely moving in my mind ever since I heard of the escape of the Tournon-d'Agenays, and I wish to heaven I had matured it then and there; we could have got that Scarlet Pimpernel as easily as possible. However, there's nothing lost, and all I can do now, my friend is to wish you success. If you succeed you are a made man. And you will succeed," Chauvelin concluded, rising and holding out his hand to his colleague, "if you follow my instructions to the last letter."

"You may be sure I'll do that," Lauzet said with earnest emphasis.

"You must," Chauvelin broke in decisively.

And the two sleuth hounds shook hands on their project and drank a glass of wine to its success. But before Chauvelin finally took leave of his friend he turned to him with renewed earnestness and solemnity.

"And, above all, my good Lauzet," he said slowly, "remember that in all this your watch word must be 'Silence and discretion.' Breathe but a word of your intentions to a living soul and you are bound to fail. The English

spies have their spies who serve them well. They have a long purse which will alternatively purchase help from their friends and treachery from ours. Breathe not of your project to any living soul, friend Lauzet, or your head will pay the price of your indiscre-

Lauzet was only too ready to give the required promise, and the two friends then parted on a note of mutual confidence and esteem.

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(To be continued.)

Among Us Georgians

above the sea. The highest Georgia points, next to Atlanta, on the A. B. & A. are Union City and Tyrone, each 980 feet. Chalybeate Springs, in the cating your people!" gap of the Pine Mountains, has an elevation of 880. The elevation figures sink, of course, as the coastal plain slopes on down to the sea. Cordele has an elevation of 280 feet; Fitzgerald, 320 feet; Douglas, 200 feet; Waycross, 80 feet and Brunswick 20 feet.

COME years ago in one of the Georgia cities a machine politician of the deepest dye, if machine politicians are thus dyed, ran for a municipal office and was elected, defeating another citizen of the highest character, but not "practical" at all when it came to politics. There had been quite a fight between the church folk and the more liberal element, and it so happened that in this particular election the world, the flesh and the devil triumphed.

The newspapers in that Georgia city, in that particular era, ran strong on interviews—it was their specialty, and their reporters interviewed nearly everybody, on any subject that happened to strike their minds. So it was very natural that a reporter should seek out the successful candidate in this race and ask him to tell, for publication, just how it happened.

The victor probably had lost some of his youthful innocence, but certainly none of his sense of humor, and it bubbled up, irrepressibly, when the reporter asked for an explanation of the election figures.

"'All things work together for good for them that love the Lord," he said, solemnly, without batting an eye- United States consul in Algiers.

COME self-constituted authority somewhere up north has gotten up a Who's Who of North American Authors, and in the listing of real, honest-to-goodness, blown-in-the-bottle, guaranteed-under-the-pure-drug-andfood-act Georgia authors we find only such mild omissions as Harry Stillwell Edwards, Corra Harris, and a few others. But the list that was published showed a weird ingenuity that is remarkable!

tinue your journey to Paris and set / WO young plumbers were boarders last year in a certain home in a Georgia city, and both of them formed the bad habit of drinking this stuff that now masquerades as whisky. One of them took a drink too many of this potash-fire-water contraption and it killed him. The young man's folks lived in another city and the landlady had a good deal of trouble locating them, but finally got the data and had the body shipped to the proper address.

A day or two later the landlady walked up to the surviving young plumber, pencil and pad in hand, and said:

"Mr. ____, will you please give me your parents' city and street address?" "What do you want that for, Mrs.

Johnson?" he asked, wonderingly. "Well, I am sure that bootleg stuff will carry you off, too, just as it did

your friend," she replied in a matterof-fact way, "and when it does I don't want to be put to so much trouble lo-

They say the incident made such a profound impression on the young man that he swore off and hasn't touched a drop since!

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Georgia People In Europe

popular wife, have returned to the third baron of Ebury. Baron Ebury Egyptian capital from a visit to the died in 1921. Florence Lady Ebury United States.

Mr. Winship, by the way, is a native of Georgia. He was born in Macon in 1885 and received his education at George Washington university in St. Louis and his Bachelor of Law degree from Mercer college in Macon in 1910. Mrs. Winship formerly was Miss Catherine C. Taylor, of Philadelphia, whom he married in 1921. Mr. Winship was admitted to the Georgia bar in 1910 upon his graduation from Mercer.

Mr. Winship has had one of the most varied and colorful diplomatic careers in the service. He was appointed consul at Tahiti in 1910; transferred to Owen Sound in 1913; to Petrograd in 1914 and at the outbreak of the world war to Milan, Italy. Since then, he has served for two years as consul in Bombay, India, and two years in Fiume, Italy. His appointment to Cairo was a recent one.

There are two former Georgia men who now are consuls in north Africa, the other being Lewis Wardlaw Haskell, for many years a professor of the University of Georgia, who recently was assigned to the post of

THE Duchess of York was godmother for William James, the infant son of Mr. and Mrs. Cavendish Bentinck, the latter formerly Miss Ouigley of New York at the christening last week at St. Margaret's, in London. In the absence of Miss Dorothea Quigley, Florence Lady Ebury, nee Florence Padelford, of Savannah, Ga. stood proxy. The usual small party took place afterwards at Berkeley House, May Hill.

Miss Padelford became Lady Ebury in 1908 when she married the late Honorable Robert Victor Grosvenor,

How To Avoid Being a Wallflower

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steps in succession with the same foot. Remember that the box step is only a preliminary step for the left turn and after learning the turn, the boxstep is not used in dancing with a

partner.

Later I will complete the waltz by showing you how to do the actual turns. But please remember that before you can do the turns it is absolutely necessary to spend at least two hours on the box steps, which are the foundations for the left and right waltz turns.

makes her home at 79 Gloucester Place, Portman Square, London, and Moor Park, Rickmansworth, Herts, England.

United States Vice-Consul and Mrs. Stanley R. Lawson were host and hostess to a party of Americans at a dinner served at the Hotel Continental in Dresden, Germany, last week. Among those present were Mr. and Mrs. Rudolf Kratina, the latter formerly Miss Pressly of Augusta, Ga.

Miss Clara Lewis Laudry, of New Orleans, La., a graduate of Newcomb college, has arrived in Paris for a year's study abroad and is stopping at 44 rue Jacob. Miss Laudry is enrolled for a course in the French language at the Sorbonne university and is registered with the local branch of the American University Union.

Miss Josephine Setze, of Augusta, Ga., accompanied by Miss Katherine L. Atwater, of Montclair, N. J. has arrived in Paris for an extended stay and has taken quarters at 2 rue Beaux Arts.

Sunday Health Talk

(Continued from Page 5.)

to let high school students read the general run of dirty magazines that seem to get the circulation nowadays, and I think many of the "big" novels of the day are pretty smutty stuff for young minds, about as elevating as the "news" of the affairs of degenerates and defectives.

Tuberculosis Obsession.

is it dangerous to accept anything made by a tuberculosis patient in a sanitorium? She paints cards and makes novelty dolls for children. I am afraid to let the children have them. If so, why do they allow it? (T. E. S.)

Answer—It is not dangerous. Tuberculosis is never spread by things or objects, so why shouldn't they allow a patient who is able to do so, occupy her mind with such work?

Sure Mike.

Is it possible to strengthen the muscles and at the same time reduce the size of the bust? (Mrs. A. M. B.) Answer-Exercise will do so in some cases.

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