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[ Griffiths, John ], fl . 1787-1797 .

The Gentleman & Lady's Companion .

Norwich, Trumbull, 1798. 24 pp.

WL Copy .

**T H E**  
**GENTLEMAN & LADY'S**  
**COMPANION;**

**CONTAINING,**

**THE NEWEST COTILLIONS AND**  
**COUNTRY DANCES;**

**TO WHICH IS ADDED,**

**INSTANCES OF ILL MANNERS,**  
**to be carefully avoided by YOUTH**  
**of both sexes.**

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*And David danced before the Lord  
with all his might, and David was gird-  
ed with a linen ephod. 2 Sam. vi. 14.*

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**NORWICH, PRINTED BY J. TRUM-  
BULL.**

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**1798.**

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T H E  
GENTLEMAN & LADIES  
COMPANION.

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C O T I L L I O N S.



No. I.---C A I R A.

**B**ALANCE all eight, then half round, the same back again, 1st and 2d couple (opposite) take your partner with both hands, chaffe with her to your side with five steps, back again to your places, balance with the opposite couple, then crois hands half round, back again with four hands round, a gentleman with the lady opposite balance in the middle, and set, the other gentleman with the opposite lady do the same, right and left quite round until to your places. The 3d and 4th couples do the same figures.

No. II.---THE COQUET.

All round, first couple let to the left

couple, then the other couples, chaffe all 4, back again, face to the last couple, and right and left quite round, face to your partner, chaffe only five steps, back again, turn your partner to her former place : The second couple to the left perform the same figures, and so the third and fourth couples.

No. III.---THE CONVENTION.  
[May be danced with the tune of York Fusiliers.]

All round, first and opposite couples, balance in the middle, set, and turn contrary partners, and retreat to your places, the other two couples do the same, chaffe all eight and turn the lady to your right quite round, chaffe back to your places and turn the lady to your left, then form two lines long way four each side balance, cross hands four, each corners, balance again, and cross hands back, and come to your former places.

No. IV.---LA FAYETTE FOREVER.

All round, chaffe four open, back again, balance in the middle, then half right and left, the gentlemen bal-

ance and turn the ladies to their left hand only half way, set, chaffe all eight that you may be in your former places : The 3d and 4th couples do the same.

No V.---GERMAN SPA.

All round, the two opposite couples take your partner's hands, and change places ; chaffe four only five steps, so back again, balance in the middle, set, half cross hands that you may be in your places, the same couple turn contrary partners opposite, then turn your own with your right hand half way, balance with your partner, set, half right and left with the opposite couples, which brings you to your former places ; the other two couple do the same.

No. VI.---MISS CHANDLER'S CO-  
TILLION.

All round, right and left all eight half round until you meet your partners, then allemand with your partner until to your former places, chaffe all eight, turn the lady to your right quite round, chaffe back again and

turn the lady to your left, then balance with your partner and turn her quite round.

**No. VII.---COMMENCEMENT.**

Promenade round 40 steps, fall into two lines, set, four hands half way round, balance and back, half right and left with balance.

**No. VIII.---DUKE OF YORK'S COTTILLION.**

Top and opposite couple Allemand and assemble, chaffe to ladies place, side couple the same, take hands behind and balance, and promenade to your place.

**No. IX.—THE GIRL I LEFT BEHIND ME.**

The gentlemen chaffe to opposite places, then short allemande and assemble in the middle and turn the opposite lady, gentlemen chaffe to places, all balance and half round ; side couple ditto ; all balance and back to places.

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## COUNTRY DANCES.



### No. I.—THE NEW POMPE ROOM.

**C**AST off two couples, up again, 4 hands half round at top, back again, lead down the middle, up again and cast off one couple, right and left at top.

### No. II.—THE YOUNG WIDOW.

Four hands acroßs half round at top, back again, lead down the middle, and turn your partner half way, then up again, and cast off one couple, the first gentleman stand between the second and third ladies, so his partner between the second and third gentleman, balance all six, then all half way round, first couple stand still, when the 2d & 3d couples balance in the middle, and half right and left, so every one come to their former places.

### No. III.—ALLEMAND SWISS.

Cross four hands at top, half round, back again, cast off one couple, set,

Balance fix, and set, then four hands round at the bottom, back again, right and left at top.

**No. IV.---WHITE COCKADE.**

Cast off two couples, up again lead down, the middle, up again, cast off one couple, cross hands at bottom, half round, back again, right and left at top.

**No. V.---FISHER'S HORNPIPE.**

Cast off two couples, up again, lead down the middle, up again, and cast off one couple, cross hands at the bottom, right and left at top.

**No. VI.---PRETTY NANCY.**

Cross over the first and second couples, balance at the bottom, then turn your partner, cross hands at bottom, right and left at top.

**No. VII.---SEA FLOWER.**

Cross four hands, half round, back again, chaffe only the first couple, first gentleman set with second lady, and his partner with the second gentleman, chaffe back again, then turn the second couple, that you may be between the second and third couples.



**No. VIII.---THE SEASONS.**

Four hands across half round, back again three first couples allemande quite round, lead down in the middle, up again, cast off, six hands half round, back again, right and left at top.

**No. IX.---YORK FUSILIERS.**

First and second gentleman pass to ladies side, ladies lead to gentlemen side, back again, cast off, turn corners, and lead out sides with your partner.

**No. X.---GERMAN SPA.**

Balance two couples, then cross hands half way, the same back again, lead down the middle, up again and cast off one couple, right and left at top.

**No. XI.---BOSTON ASSEMBLY.**

Four hands across half round, back again, the same allemande; lead down in the middle, up again, cast off, six hands half round, back again, right and left.

**No. XII.---NEW-JERSEY.**

The first lady balance to the third gentleman and turn the second, the first gentleman the same, then down

the middle, up again, cast off one couple, and right and left.

No. XIII.---BONNY LAD.

Down the middle, up again, cast off one couple, right and left.

No. XIV.---WASHINGTON'S REEL.

Balance first couple, change sides, ditto, back, down the middle, up again, cast off one couple, right and left.

No. XV.---RICHARD'S HORNPIPE.

Down the outside, up again, change sides, down the middle, up again, cast off, right and left.

No. XVI.---JACK'S ALIVE.

Chasse across and rigadon with the first lady, back again, cast off, and right and left.

No. XVII.---*King's Return.*

Balance and turn the first gentleman, gentleman the same, three hands round, down the middle, up again, right and left.

No. XVIII.---*Constancy.*

Cross hands half round at top, back again, lead down the middle, up again, and cast off one couple, balance

fix, set and turn your partner quite round, right and left at top.

No. XIX.—*Irish Washwoman.*

Round right hands across, back again, down the middle, up again, cast off, six hands round, right and left.

No. XX.—*Scotch Bonnet.*

Change sides, back, down the middle, up again, and cast off one couple.

No. XXI.—*Maid of the Oak.*

The first lady sets to the second gentleman, turns the third, the gentleman does the same, down the middle, up again, cast off one couple, right and left.

No. XXII.—*Merry go round.*

The first lady turn the second gentleman, the first gentleman then turn the second lady, down the middle, up again, cast off, right and left.

No. XXIII.—*College Hornpipe.*

Cast off three couple, up the middle, same time the third couple up the middle and down the outside, first and second couple hands round half way and back, down the middle, up again, right and left.

**No. XXIV.---***Belles of New-York.*

Four hands across, back, down the middle, up again, and cast off, four hands rounds with third couple, right and left at top.

**No. XXV.—***Apollo turn'd shepherd.*

Cast off three couple, up the middle, cast off one couple, four hands half round with the couple below, turn partners, right and left.

**No. XXVI.---***Pleasure of dancing.*

Balance, four hands half way round, ditto back again, balance and half right and left, ditto back.

**No. XXVII.---***Enchanted Wood.*

Two couple balance, four hands across, ditto back, down the middle, up again, right and left.

**No. XXVIII.---***Charming Fair.*

Cast off to the bottom, up again, four hands round.

**No. XXIX.---***Chester castle.*

Cast off three couple challe up with the third lady and balance with her, challe to her place, bring up your partner, right and left.

**No. XXX--***Caty's Rambles.*

The first and second couple challe

down outside, up again, four hands half round, back, down the middle, right and left.

No. XXXI. *Myrtle Grove.*

Cast off one couple, change sides, ditto second couple, balance four abreast, two couple ditto first couple, right and left.

No. XXXII. *Mail coach.*

Cast off two couple, turn and lead up one couple, three couple balance and turn partners in the center, three couple balance, the lady turn the second gentleman, the gentleman turn the fourth lady, ditto the second lady and first gentleman, and turn to your places

No. XXXIII. *The Rose.*

Three couple balance and turn partners; ditto back, down the middle, up again, right and left.

No. XXXIV. *Miss Levingsworth's Fancy.*

Cast off four couple, up and down the middle, cast off one couple, the third gentleman give hands and chaffe round and back, the three ladies ditto, right & left.

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No. XXXV. *Ballar's Rant.*

The three first ladies dance round the three first gentlemen, the three gentlemen ditto round the ladies, down the middle, up again, right and left.

No. XXXVI. *Lady Butter's whim.*

Change sides, down the middle, up again, four hands half round and back, right and left.

No. XXXVII. *Basket of Oysters.*

Balance and three hands round with the lady, ditto with the gentleman, down the middle, up again, cast off, right and left.

No. XXXVIII. *Miss Moor's rant.*

Cast off, up and down the middle, up again and cast off, three gentlemen balance and turn partners, ditto and back.

No. XXXIX. *The girl I left behind me.*

Three first couple balance, give left hands and pass out between the first and second gentleman, the first and second couple coupee and rigadoon, third couple balance, give right hands and pass out between the first and second lady, the first and second couple.

coupee to the left, down the middle, up again, cast off, right and left.

No. XL. *Merriman's Freedom.*

Balance, half right and left, ditto and back, the gentleman chaffe half way round with the two ladies, ditto back, the lady turns the second gentleman, the gentleman ditto, cast off one couple with allamand, and change sides with your partner.

No. XLI. *Rural Felicity.*

Cast off, up and four hands across, down the middle, up again, cast off one couple, right and left.

No. XLII. *Powels Hook.*

Turn right hands and cast off one couple, turn left hands and cross over another, lead to top, hands across, back, lead down three couple, up one, cast off, right and left.

No. XLIII. *Tartan Pladdy.*

Cast off, up and down the middle, six hands round, right and left.

No. XLIV. *Money in both Pockets.*

Balance and half right and left, ditto back, cast off one couple, four hands round and back.

No. XLV. *The General Toast.*

Four hands round with balance, down the middle, up again, right and left.

No. XLVI. *Patrick's Day.*

Balance and change sides, down the middle, balance round your partner, ditto and turn her, six hands half way round, ditto back with balance.

No. XLVII. *Liberty.*

Balance and change sides, ditto and back, down the middle, up again, balance to your partner and turn her.

No. XLVIII. *Rose Tree.*

Three first couple balance and turn partners, ditto and back, down the middle, up again, right and left.

No. XLIX. *Mealitte.*

Set, six hands half round, back, down the middle, up again, cast off, right and left.

No. L. *Baron Steuben's Favourite.*

Balance to the second couple, four hands half way round, lead up on the outside and turn to your places, form a circle with allemand and assemble, cast off, right and left.



No. LI. *Bonny Lass of Aberdeen.*

Cast off outside, down the middle, up again, turn your partner, set 3 and 3 up and down, turn your partner and set 3 and 3 side ways to your places.

No. LII. *Successful campaign.*

Down the outside, lead up and cast off one couple, second couple ditto, turn contrary partners half way round, cross over one couple, right and left.

No. LIII. *Flowers of Edinburg.*

Balance and six hands round, ditto back, four hands acrols half way round, ditto back, down the middle, right and left.

No. LIV. *Mancy Musk.*

Six hands half way round and back, first and second gentlemen balance together and turn round, the 1st and 2nd ladies do the same, down the middle, up again, cast off, right and left.

No. LV. *King of Denmark's favourite.*

Four hands round half way and back again, the two gentlemen turn their partners round with right hands,

lead down two couple, up again, cast off one couple, right and left.

No. LVI. *Banks of the Dee.*

Down the outside, up and down the middle, up again, cast off one couple, six hands round, right and left.

No. LVII. *A trip to the pavements.*

Cast off one couple, lead through 3d, cast up, lead through the 2nd, lead down, up again, cast off, right and left.

No. LVIII. *Shady Grove.*

Down the outside, up again, down the middle, up again, cast off one couple, four hands round with the third couple, right and left at top.

No. LIX. *Frog and Mouse.*

Four hands across, half way round and back, cross over two couple, lead to the top, cast off one couple, 1st, 2nd and 3d gentlemen sett to partners, right and left at top.

No. LX. *Love Forever.*

First gentleman turn the 2nd lady, the 1st lady the 2nd gentleman, four hands across, half way round and back, lead down two couple, cast back 2nd.

and 3d couple, following cast off one couple, right and left at top.

No. LXI. *Daniel Flatt.*

Change sides, down the middle, up again, cast off, right and left.

No. LXII. *Come follow me.*

The lady leads off two couple, the gentleman follows, the gentleman gives his left hand, and the lady her right, up again, down the middle, up again, cast off four hands, half round below, right and left at top.

No. LXIII. *Soldiers Joy.*

Cast down two couple, up again, 1st and 3d couple draw, 1st 2nd and 3d couples allemande once round, cast off one couple, right and left at top.

No. LXIV. *Wilkes' fancy.*

First couple cross over second couple and turn partners, lead to the top, foot it, cast off one couple, six hands round.

No. LXV. *Faithful Shepherd.*

Hands across, half way round and back, over one couple, right and left.

No. LXVI. *Poor Soldier.*

Balance to the 2nd gentleman and change across, the lady do the same,

~~cross~~ over with short allemand and assembly, chaffe to your place, down the middle, up again, cast off, right and left.

No. LXVII. *President.*

Four hands across, half round and back, cast outside, up and down the middle, up again, cast off, right and left.

No. LXVIII. *Prussian Rose.*

Two couple balance and turn partners, ditto back and down the middle, up again, right and left.

No. LXIX. *Belles of Norwich.*

Cast outside, up and down the middle, cast over, four hands round with top couple, right and left with ditto.

No. LXX. *La-Belle Catharine.*

Three couple balance and change places, balance and back, three couple promenade single, cast off, right and left.

No. LXXII. *Germans delight.*

Cast outside, up again, four hands across, down the middle, up again, cast off, four hands round with the third couple, right and left at top.

No. LXXIII. *Belles of Middleton.*

Lead down the outside, up again, down the middle, up again, cast off one couple, the gentlemen balance together, the ladies do the same, right and left.

No. LXXIV. *Irish Rake.*

Cast off, up and down the middle, up again, four hands half round, turn partners, right and left.

No. LXXV. *Miss Bradley's Reel.*

Cast off one couple and turn your partners, cast up one couple and turn your partner, foot it, right and left at top.

No. LXXVI. *Miss Blair's Reel.*

Cast off one couple, four hands at the bottom, cast up and four hands round at top, down the middle, up again, cast off one couple, right and left at top.

No. LXXVII. *Bower's Whim.*

Foot across and turn, cast off one couple, cast up one, lead off, cast off one, right and left.

No. LXXVIII. *Love in a Village.*

Four hands across, half way round and back, 1st and 3d couples draw.

lead down two couple, cast up one's right and left at top.

No. LXXIX. *Bonny lad.*

[Tune played twice.]

Down the outside, up and down the middle, up again, cast off, four hands round with third couple, right and left at top.

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*Instances of ILL MANNERS, to be carefully avoided by youth of both sexes.*



**O**MITTING to pay proper respect to company, on entering or leaving a room ; or paying it only to one person, when more are present.

Entering a room with the hat on, and leaving it in the same manner.

Setting still on the entrance of your instructor, strangers or parents.

Omitting the proper attention, when waited on by superiors.

Passing between the fire and persons sitting at it.

Whispering, or pointing in compa-

ny, and standing between the light and any person wanting it.

Contradicting your parents or strangers who are any way engaged in conversation.

Laughing loudly, when in company, and drumming with feet or hands.

Swinging the arms, and all other awkward gestures, especially in the street, and in company.

All actions that have the most remote tendency to indelicacy.

Leaning on the shoulder, or chair of another person, and overlooking persons who are writing or reading.

Throwing things instead of handing them, and crowding others in a passage, or running against their elbows.

Contempt in looks, words, or actions, for a partner in dancing, or other persons.

All instances of that ill judged familiarity which breeds contempt.

Lolling on a chair when speaking or when spoken to, and looking persons earnestly in the face without any apparent cause.

Surliness of all kinds, especially on receiving a compliment.

Distortion of countenance, and mimicry.

Ridicule of every kind, vice or folly.

A constant smile or settled frown on the countenance.

**F I N I S.**

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