

FATIMA GIGARETTES

From the collection of Richard Powers

No. F .- MODERN DANCE SERIES

These moving picture booklets on the Dances of to-day issued by the manufacturer of

Fatima Cigarettes

make it possible for all to know what the latest accepted dances are and how to dance them.

This Complete Series Comprises

Nos. A--One Step; B--Argentine Tango; C--Hesitation Step and Butterfly; D--Maxixe Steps; E--Russian Steps of the Maxir 2; F--One Step; G--Argentine Tango; H--Aeroplane Steps of the Hesitation; I--Firstation Steps of the Maxixe; K--Circle Steps of the Maxixe,

The dance shown in this book is the

One Step

and is presented with the compliments of

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Get the complete series of ten.





LINES.



















FIC



































F24











































THE ONE STEP

At the present time the most popular of all the modern dances. Can be learned by anyone, and is the easiest dance for the beginner. Simply take one step to each beat of music. Do not hold arms or head too rigid: let yourself relax, otherwise all gracefulness is lost. Position is a very important factor in the one step; gentleman should hold partner loosely, so that the pretty measures, where he steps to one side to dip, is done with ease and rhythm. Gentleman starts forward with left foot, his partner with her right foot backward. You can learn the steps from this booklet, which shows the movement and the time to dip.

Directions for using the FATIMA Moving Picture Dance Book

Patent Dec. 18, 1906: Copyright 1914. Fatima Cigarettes



Hold firmly between thumb and first two fingers of left hand, snapping pages with thumb of right, letting pages flip forward about 10 to the second.