

MORE MUSTARD.

(PLUS MOUTARDE)

One-Step



Directions for Dancing The One-Step

1. With backward four steps, beginning with the Right foot, counting 1, 2, 3, 4 and taking one step on each count. These four steps take..... 2 Bars of Music

With forward four steps, beginning with the Right foot, counting 1, 2, 3, 4 and taking one step on each count..... 2 Bars

2. (The Turn) Swing the Right foot around to the right and backward, at the same time make a quarter turn to the right, with the body, count 1; swing the Left foot around to the right and forward; at the same time make another quarter turn to the Right with the body, count 2; swing the Right foot around again to the right and backward, at the same time make a quarter turn to the right with the body, count 3; swing the Left foot around again to the right and forward; at the same time make a quarter turn to the right with the body, count 4..... 2 Bars

Repeat No. 2..... 2 Bars

3. (The Grape Vine) Advance the Left foot forward and in front of the Right foot, count 1; step to the right side with the Right foot, count 2; swing the Left foot around and back of the Right foot, count 3; step to the right side with the Right foot, count 4..... 2 Bars

Repeat No. 3 three times..... 6 Bars

The above directions are for the lady. The gentleman uses his Right foot when the lady uses her Left foot and his Left foot when she uses her Right foot. The gentleman also steps forward when the lady steps backward and backward when the lady steps forward.

For more explicit directions and for other steps to be used in the One-Step and for directions for other modern dances, address The Associated Music Publishers Co., 117 W. Fourth St., Cincinnati, O.

By

LOUIS MENTEL.

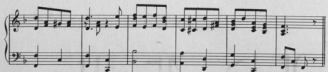
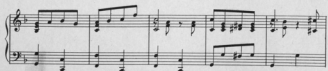
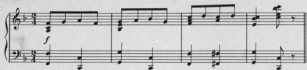
COMPOSER OF
MENTEL'S HESITATION WALTZ
MENTEL'S TANGO ETC.

PUBLISHED BY
LOUIS MENTEL
CABLE PIANO BLDG., CINCINNATI, O.

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One-Step

LOUIS MENTEL

Mentel's Hesitation Waltz
Composer of
Mentel's Tango etc.



This page contains six systems of musical notation for a piano piece. The notation is written in a key signature of one flat (B-flat) and uses both treble and bass clefs. The first system consists of two staves with a treble staff containing eighth and sixteenth notes, and a bass staff with whole and half notes. The second system continues this pattern. The third system also follows the same structure. The fourth system is marked with the word "TRIO" above the treble staff and "mf" (mezzo-forte) below the bass staff. The fifth system features a treble staff with a circled eighth-note chord and a bass staff with sustained chords. The sixth system concludes the piece with a double bar line and repeat signs, indicating a first and second ending.

This page contains six systems of musical notation for piano. Each system consists of a treble staff and a bass staff, both in the key of B-flat major (one flat). The notation includes various musical elements:

- System 1:** Treble staff has chords in measures 1-2, a slur over a half note chord in measure 3, and eighth notes in measures 4-5. Bass staff has whole notes in measures 1-2, a half note in measure 3, and a whole note in measure 4.
- System 2:** Treble staff has eighth notes in measures 1-2, a slur over a half note chord in measure 3, and eighth notes in measures 4-5. Bass staff has whole notes in measures 1-2, a half note in measure 3, and whole notes in measures 4-5.
- System 3:** Treble staff has a slur over a half note chord in measure 1, eighth notes in measure 2, chords in measure 3, and a slur over a half note chord in measure 5. Bass staff has whole notes in measures 1-2, a half note in measure 3, and whole notes in measures 4-5.
- System 4:** Treble staff has eighth notes in measures 1-2, chords in measure 3, a slur over a half note chord in measure 4, and eighth notes in measure 5. Bass staff has a whole rest in measure 1, and whole notes in measures 2-5.
- System 5:** Treble staff has eighth notes in measures 1-2, a slur over a half note chord in measure 3, eighth notes in measure 4, and chords in measure 5. Bass staff has whole notes in measures 1-2, a half note in measure 3, and whole notes in measures 4-5.
- System 6:** Treble staff has chords in measures 1-2, a half note chord in measure 3, eighth notes in measure 4, and a final cadence in measure 5. Bass staff has chords in measures 1-2, a half note chord in measure 3, eighth notes in measure 4, and a final cadence in measure 5.