Henry Mulford

Directions for Dancing The Hesitation Waltz

The Hesitation Waltz consists of a "Hesitation Step" followed by the "Regular Waltz Steps" used in the old fashioned waltz.

Take a regular waltz position.

1. (Hesitation Step) Take one step to the right with the Right foot, count 1; throw the weight of the body but the Right foot and rise on the toe; hold this position and count 2, 3. This takes.......................... Bar of Music

(Regular Waltz Steps Forward) Step forward with the Left foot, count 1; step forward with the Right foot, count 2; draw the Left foot up to the Right foot, count 3.....

Repeat all of the above

(Regular Waltz Steps Backward) Step backward with the Left foot, count 1; step backward with the Right foot, count 2; draw the Left foot up to the Right foot, count 3

Repeat all of No 2

Take the "Regular Waltz Steps" as described in No. 1, at the same time making a quarter turn................................. Bar Repeat No. 3 three times to make a complete turn 6 Bars

The above directions are for the lady. The gentleman uses his Right foot when the lady uses her Left foot and his Left foot when she uses her Right foot. The gentleman also steps forward when the lady steps backward and backward when the lady steps forward.

For more explicit directions, and for other steps to be used in the Hesitation Waltz and for directions for other modern dances, address The Associated Music Publishers Co., 137 W. Fourth St., Cincinnati, O.

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Hesitation Waltz



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