

Facsimile reprint of:

MULLENS'
"OLD TIME"
DANCE
GUIDE

Prepared by
"M.C."



6th Edition

6^d.
(orig. price)

ROBERTSON & MULLENS, Melbourne.

SET DANCES

ALBERTS

- 1st Figure.-1st and 2nd Couples Half Right and Left, Set and Turn Partners, Ladies' Chain, Promenade, Sides repeat.
- 2nd Figure.-1st Couple Advance and Swing. Lines. Turn partners.
- 3rd Figure.-1st Lady and Opposite Gent Advance and Turn in Centre.
- 4th Figure.-Right and Left Waltz. Balance. Spanish Waltz.
- 5th Figure.-Spanish (or Circular) Waltz to Place.

FIRST SET

- 1st Figure.-1st and 2nd Couples Half Right and Left, Set, Turn Partners, Ladies' Chain, Promenade, Sides repeat.
- 2nd Figure.-Double L'etc, Advance, Retire, Turn Partners. Sides repeat.
- 3rd Figure.-1st Lady and Opposite Gent Advance and Turn.
- 4th Figure.-1st Couple Promenade, Leaving Lady with Opposite Couple.
- 5th Figure.-Circle, Turn Partners, 1st and opposite Couples Promenade, Chain. Repeat Sides.
- 6th Figure.-Circle, Ladies to Centre. Gents to Centre, Corners, Promenade.

LANCERS

- 1st Figure.-1st Lady and Opposite gent Turn in Centre, 2nd Lady and Opposite Gent Change Places, Top Couple Lead Through. Corners.
- 2nd Figure.-1st and 2nd Couples Advance and Swing. Lines. Turn Partners. Sides. Repeat.
- 3rd Figure.-Ladies to Centre, Gents to the Centre. Join hands. Circle.
- 4th Figure.-First Couple Visit Right and Left.
- 5th Figure.-Form Grand Chain. First Couple -Promenade in Circle.

FITZROYS

- 1st Figure.-1st and 2nd Couples Half Right and Left. Turn Partners, Ladies' Chain, Promenade. Sides Repeat.

- 2nd Figure.-1st Gent Solo, Corners, Promenade.
- 3rd Figure.-Ladies to Centre, Gents to Centre, Join hands, Circle.
- 4th Figure.-Waltz Cotillions. 1st Couple Waltz Round, 1st and Opposite Ladies Change Places. 1st and Opposite Gents Repeat. Side Ladies Repeat. Side Gents Repeat. Lines. Waltz Chain to Places.

ROYAL IRISH

- 1st Figure.-1st and 2nd Couples Half Right and Left, Change Partners.
- 2nd Figure.-1st and 2nd Couples Double L'ete. Sides Repeat.
- 3rd Figure.-1st Lady and Opposite Gent Swing in Centre. Balance. Right Hands to Partners. Turn. Promenade. Retire to Places.
- 4th Figure.-1st Couple Advance. Leave Lady with Opposite Couple. Circle. Swing Partners.
- 5th Figure.-1st and 2nd Couples Promenade. Circle. Ladies to Centre. Gents to the Centre. Promenade.

WALTZ COTILLIONS

- 1st Figure.-1st Couple Waltz Round Twice. First and Second Ladies Change Places. Gents Repeat. Sides Repeat.
- 2nd Figure.-1st and 2nd Couples Waltz to Places. Sides Repeat. Waltz Chain.
- 3rd Figure.-Form Lines. Advance. Change Places. Waltz to Places.
- 4th Figure.-Four Couples Waltz Round.

EXIONS

- 1st Figure.-1st Lady and Opposite Gent Turn in Centre, 2nd Lady and Opposite Gent Change Places, Top Couple Lead Through. Corners.
- 2nd Figure.-1st Couple Solo. Swing Corners. Promenade.
- 3rd Figure.-1st and 2nd Couples Right and Left. Ladies' Chain. Promenade. Sides Repeat.
- 4th Figure.-Right and Left Waltz. Balance. Spanish Waltz.
- 5th Figure.-Circle, Ladies to Centre, Gents to Centre, Corners, Promenade.

ROUND DANCES

PARMA WALTZ

Couples Dance Side by Side

Take step forward with left foot, then one forward with right foot, at the same time making a full turn on the right foot. Then take three steps back commencing on left foot, the middle step being very short. Bring feet together.

Repeat these steps in opposite direction.

Take four slow steps forward commencing with left foot.

Then step to side on left foot passing right foot behind the left foot. Then another step to side with left foot bringing right foot up to left. Repeat these steps to the right. Repeat this figure.

Walk three steps. Circular waltz eight times.

BARN DANCE

Partners Dance Side by Side

1. Step forward (and slightly to side) with left foot, putting full weight on it. Spring smartly from left, bringing right forward to replace left, which goes forward as before.

Again spring forward on to left foot, right foot held raised in front. Hop on to left foot, bringing right foot in front, toe pointed towards floor. Repeat above commencing with right foot forward.

2. Do Four Bars of Old Time Circular Waltz.

POLKA

READY.-Rise on ball of foot whilst raising left foot behind.

1. Dropping on to right heel, place left foot forward, knee slightly bent.

2. Hop with left knee, right foot coming forward to replace the left.

3. Jump on to the left foot (describing a half circle), draw right foot up close.

Repeat above movements, commencing with right foot.

VALETTA

Couples Dance Side by Side

1. Start with the left foot, do three steps of Waltz Walk forward. Repeat with right foot.
2. Step forward with left foot, draw right up with heel raised and toe pointed down. Repeat.
3. Hold partner as in waltz. Do two bars of Waltz.
4. Resume side-by-side position. Repeat Figure 2. Do four bars of Waltz.

SCHOTTISHE

1. Step forward with left foot. Bring right foot smartly up to left, right heel almost touching middle inside of left foot. Step to side with left foot. Raise slightly right foot behind.
2. Hop onto left foot, with bent knee, bring right foot down again. Repeat in opposite direction, commencing with right foot.
3. Lean back on left foot, with right foot raised to in front. Hop in semi-circle on to left foot. Repeat thrice on alternative feet and end by again hopping on right foot.

TWO STEP

Step forward with left foot, bringing right foot close up and placing it close behind the left. Again step forward with left foot. Repeat, commencing with right foot.

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